Local and organic baskets from Le Haricot Magique

Pilot project with the INRS community

Summer 2023



FOREWORD

Dear INRS community,

In collaboration with your institution's Green Committee, we're launching official registrations for Le Haricot Magique's pilot project of local and organic fruit and vegetable baskets for Summer 2023.

Located in the heart of the Saint-Roch district for the past five years, Le Haricot Magique, a solidarity cooperative, is a grocery store that promotes eco-responsibility, local economy and healthy, balanced eating.

By subscribing to Le Haricot Magique's weekly baskets, **you're supporting a social economy enterprise** that's working to create a vibrant, committed community in the heart of the Saint-Roch district. Supporting Le Haricot Magique also means supporting local agriculture and promoting cooperation.

If you're curious and would like to get to know us better, here's a <u>short video (3min)</u> introducing Le Haricot Magique and its mission. This video was produced by the Quebec government as part of Social Economy Month (Nov 2022).

If you like the subject, here's <u>another video (3min)</u> that brilliantly explains the concept of the social economy. This video was produced by the Centre de la francophonie des Amériques.





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BASIC OFFER

- A weekly basket made up exclusively of local, organic and seasonal fruits and vegetables.
- A choice of **four basket sizes** (\$20, \$35, \$45, or \$55).
- Commitment to a 12-week subscription over a 15-week period (with a choice of 3 weeks off).
- Subscription **payments** can be made by 1 to 3 Interac transfers.
- Start date: June 26 or July 3 (to be confirmed according to arrivals).
- End date: October 8 or 15.
- Each break week must be announced in writing at least 6 days in advance.
- Each participant is entitled to two jokers in case of unforeseen circumstances or oversight.

• 1st oversight: 100% of basket value

converted into a voucher

2nd oversight: 50% of basket value

converted into a voucher

• 3rd oversight: No compensation

- **Pick-up day:** Wednesday from 12 to 6 p.m.
- Pick-up location: At Haricot Magique (4 min walk from INRS).
- To benefit from Le Haricot Magique baskets, you must be a member of the cooperative. If you're not already a member, you'll need to add a \$10 share to your total subscription.



Example of a "Solo" basket at \$20/week

With local fruits and vegetables available early June 2023



Basket size	Number of persons	Weekly price	Subscription price	Subscription price	Subscription price
Solo	Approx.	\$ 20	1 payment \$ 240	2 payments 2 x \$ 120	3 payments 3 x \$80
Duo	1 to 2	\$ 35	\$ 420	2 x \$ 210	3 x \$ 140
Collective	2 to 3	\$ 45	\$ 540	2 x \$ 270	3 x \$ 180
Collective +	4	\$ 55	\$ 660	2 x \$ 330	3 x \$ 220

Possibles Supplements

- Possibility of adding non-local fruit or vegetables
 - Avocados
 - Citrus
 - Kiwi
 - Sweet potatoes
 - ..
- Possibility of adding fresh food
 - Milk
 - Eggs
 - ...
- Possibility of adding dry or fresh food in returnable jars (\$3)
- These one-off requests must be made through our online form no later than 6 days before before pick-up day (Thursday at 6pm)
- The complete list of products available for supplements will be available in the forms.
- Supplement invoices will be sent from Friday to Sunday.
- Payment for supplements must be made by Interac transfer no later than 24 hours before pick-up day (Tuesday at 12 p.m.)





WEEKLY SCHEDULE

Thursday	Friday	Saturday	Sunday	Monday	Tuesday	Wednesday
6:00 PM					12:00 PM	12:00 PM - 6:00 PM
Deadline Break week announcement Order additions	Invoices sent for supplements			Deadline Payment supplement	Pick-up day	

SUMMER SCHEDULE

Week			Week PICK-UP DAY		Deadline <i>Break week annoucncement & Add request</i>	Deadline Payment supplement
Nº Monda				Wednesday	Thurday	Tuesday
		Monday	to Sunday	12:00 PM – 6:00 PM	18:00 PM	12:00 PM
					(6 days notice)	(24h)
1*		26 June	02 July	28 June	22 June	27 June
2	1*	03 July	09 July	05 July	29 juin	04 July
3	2	10 July	16 July	12 July	06 July	11July
4	3	17 July	23 July	19 July	13 July	18 July
5	4	24 July	30 July	26 July	20 July	25 July
6	5	31 July	06 Aug.	02 Aug.	27 July	01 Aug.
7	6	07 Aug.	13 Aug.	09 Aug.	03 Aug.	08 Aug.
8	7	14 Aug.	20 Aug.	16 Aug.	10 Aug.	15 Aug.
9	8	21 Aug.	27 Aug.	23 Aug.	17 Aug.	22 Aug.
10	9	28 Aug.	03 Sep.	30 Aug.	24 Aug.	29 Aug.
11	10	04 Sep.	10 Sep.	06 Sep.	31 Aug.	05 Sep.
12	11	11 Sep.	17 Sep.	13 Sep.	07 Sep.	12 Sep.
13	12	18 Sep.	24 Sep.	20 Sep.	14 Sep.	19 Sep.
14	13	25 Sep.	01 Oct.	27 Sep.	21 Sep.	26 Sep.
15	14	02 Oct.	08 Oct.	04 Oct.	28 Sep.	03 Oct.
	15	09 Oct.	15 Oct.	11 Oct.	05 Oct.	10 Oct.

^{*} Departure date to be confirmed according to arrivals

ADDITIONAL NOTES ABOUT OPERATIONS

- On pick-up days, if you come to pick up only your basket and any extras already paid for, you won't
 need to queue at the cashier; a staff member accompanied by a volunteer will be assigned solely
 to managing the baskets.
- If you return returnable jars, they will be deducted from your next bill.
- It's important to take your reusable grocery bags with you to bring back the contents of your basket.
- If, instead of pre-ordering your additional products, you complete your self-service basket (with your own containers or with the donation containers available on site), you will benefit from a **10% discount** on all your dry bulk purchases!